



NUTRITION COUNSELING INTAKE FORM

Please provide the following information and bring this form to your first session.

Client Name: \_\_\_\_\_  
(Last) (First) (Middle)

Name(s) of parent(s)/guardian(s) (if under 18 years): \_\_\_\_\_  
\_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Gender:  Male  Female  Transgender

Local Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ May I leave a message?  Yes  No

Cell Phone: ( ) \_\_\_\_\_ May I leave a message?  Yes  No

E-mail: \_\_\_\_\_ May I email you?  Yes  No

**\*Please note: Email correspondence is not considered a confidential mode of communication**

Referred by: \_\_\_\_\_

Name of Primary Care Physician (PCP): \_\_\_\_\_

Address and Phone of PCP: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Reason for making Nutrition Counseling Appointment: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_